Development of a rapid functional assay that predicts GLUT1 disease severity

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Abstract

Objective
To examine the genotype to phenotype connection in glucose transporter type 1 (GLUT1) deficiency and whether a simple functional assay can predict disease outcome from genetic sequence alone.

Methods
GLUT1 deficiency, due to mutations in SLC2A1, causes a wide range of epilepsies. One possible mechanism for this is variable impact of mutations on GLUT1 function. To test this, we measured glucose transport by GLUT1 variants identified in population controls and patients with mild to severe epilepsies. Controls were reference sequence from the NCBI and 4 population missense variants chosen from public reference control databases. Nine variants associated with epilepsies or movement disorders, with normal intellect in all individuals, formed the mild group. The severe group included 5 missense variants associated with classical GLUT1 encephalopathy. GLUT1 variants were expressed in Xenopus laevis oocytes, and glucose uptake was measured to determine kinetics ($V_{\text{max}}$) and affinity ($K_m$).

Results
Disease severity inversely correlated with rate of glucose transport between control ($V_{\text{max}} = 28 \pm 5$), mild ($V_{\text{max}} = 16 \pm 3$), and severe ($V_{\text{max}} = 3 \pm 1$) groups, respectively. Affinities of glucose binding in control ($K_m = 55 \pm 18$) and mild ($K_m = 43 \pm 10$) groups were not significantly different, whereas affinity was indeterminate in the severe group because of low transport rates. Simplified analysis of glucose transport at high concentration (100 mM) was equally effective at separating the groups.

Conclusions
Disease severity can be partly explained by the extent of GLUT1 dysfunction. This simple Xenopus oocyte assay complements genetic and clinical assessments. In prenatal diagnosis, this simple oocyte glucose uptake assay could be useful because standard clinical assessments are not available.
Failure of the glucose transporter type 1 (GLUT1), coded by the gene Solute Carrier Family 2 member 1 (SLC2A1), leads to inadequate brain glucose and neurologic disorders. Classical GLUT1 encephalopathy shows intractable infantile seizures, complex motor disorder, intellectual impairment, low CSF glucose (hypoglycorrhachia), and often microcephaly. However, the spectrum of GLUT1 deficiency syndrome is much broader. Familial cases frequently have a combination of epilepsies with absence seizures, normal intellect, and the movement disorder of paroxysmal exertional dyskinesia. GLUT1 deficiency has been described as occurring in 10% of early-onset absence epilepsy, 5% of epilepsy with myoclonic-atonic seizures, and approximately 1% of genetic generalized epilepsies. Focal epilepsies also occur.

One possible mechanism for the wide range of phenotypic severity in GLUT1 deficiency syndrome is the extent to which mutations affect GLUT1 function. Deletions and null mutations of SLC2A1 are associated with severe encephalopathy, whereas missense mutations can be seen across the whole spectrum of severity. Deletions lead to complete haploinsufficiency, whereas the effects of missense changes are presumed to range from hypomorphic to complete loss of function. In this study, we examine that the range of residual function in missense variants causes GLUT1 deficiency. We compare the function of control missense SLC2A1 variants with patient variants associated with either mild disease or classical GLUT1 encephalopathy. We hypothesize that residual function of the missense alleles will be greater in those with mild disease compared with those with severe disease and that the difference will be sufficiently marked to be clinically useful in predictive testing.

Methods

Variant selection

Three groups of variants were analyzed (table). Variants were drawn from the published literature and unpublished cases clinically diagnosed at Austin Health. The control group comprised 4 population variants drawn from the ExAC database along with the reference sequence from the NCBI and was analyzed to determine the background variation of GLUT1 function in the general population. The “mild” group comprised 9 variants associated with mild phenotypes before functional assessments (table). Mild GLUT1 deficiency was defined as epilepsy or movement disorder with normal intellect in all individuals with the variant. Last, the “severe” group comprised 5 missense variants associated with severe GLUT1 encephalopathy before functional assessments. Variants in which a mixture of phenotypic severities had been reported, particularly intellectual disability in some cases, were excluded. GLUT1 deficiency leads to a number of neurologic disorders with a spectrum of effects, and no accepted rating scale for overall severity exists. By taking the opposite ends of this spectrum, mild disease with normal development and frank encephalopathy, we can be confident as possible that the phenotypes are distinct and that functional differences in glucose transport should be present. Experiments were performed blinded to the phenotypic association (control, mild, and severe) of all genetic variants.

Standard protocol approvals, registrations, and patient consents

The study was approved by the Austin Health Human Research Ethics Committee. All participants provided written, informed consent.

PCR and Sanger sequencing

Coding exons and splice sites of the SLC2A1 gene were PCR amplified using specific primers designed to the reference human gene transcript (Ref Seq NM_006516). Primer sequences are available on request. Amplification reactions were cycled using a standard protocol on a Veriti Thermal Cycler (Applied Biosystems, Carlsbad, CA). Bidirectional sequencing of all exons and flanking intronic regions including splice sites was completed with a BigDye v3.1 Terminator Cycle Sequencing Kit (Applied Biosystems), according to the manufacturer’s instructions. Sequencing products were resolved using a 3730 × 1 DNA Analyzer (Applied Biosystems). All sequencing chromatograms were compared with published cDNA sequence; nucleotide changes were detected using CodonCode Aligner (CodonCode Corporation, Dedham, MA).

Site-directed mutagenesis and RNA expression

The GLUT1 coding sequence (NM_006516.2 from NCBI) cloned into the pcDNA3.1 vector was purchased from GenScript and subcloned into the oocyte expression vector pGEMHEmcs, between BamH1 and HindIII sites. Point mutations were introduced using overlapping PCR (primers are listed in table e-1, links.lww.com/NXG/A129). Construct fidelity was verified by Sanger sequencing. The reference protein sequence used in this study was NP_006507.

Plasmids were linearized using the Sph1 restriction enzyme, and cRNA was generated using Message Machine T7 transcription kit (Applied Biosciences, Ambion). The concentration and integrity of cRNA were determined using spectrophotometry and gel electrophoresis, respectively.

Oocyte preparation and injection

Oocytes (Dumont stage V or VI) were surgically removed from Xenopus laevis and incubated in Barth solution (5 mM HEPES, 82.5 mM NaCl, 2.5 mM KCl, 1 mM MgCl2, and pH...
7.4) with gentamicin (50 mg/mL; Sigma) and penicillin streptomycin (100 U/mL; Sigma) at 18°C. One hundred nanoliters of 60 ng/μL cRNA was injected into each *X. laevis* oocyte using the Roboinject system (Multichannel Systems, Germany). Glucose uptake assays were conducted 72 hours postinjection.

### Glucose uptake assay

A *X. laevis* oocyte glucose uptake assay was used to measure the transport kinetics and affinity of glucose binding to the expressed GLUT1 transporter. Experiments were conducted at 22°C in groups of 5 oocytes, and glucose uptake was...
was used to compare Km and Vmax values between the un-
F-test was used to make this comparison. One-way ANOVA
the 2 data sets under comparison; an extra sum-of-squares
results.

The authors agree to share any unpublished data related to
this article with properly quali-
Data availability
The authors agree to share any unpublished data related to
this article with properly qualified researchers in an anony-
mized fashion for the purposes of replicating procedures and
results.

Results
SLC2A1 patient-ascertained variants, reported in the
literature5,6,7,11–13 and newly discovered variants (p.A224G,
p.L169P and p.A342T), were studied (table 1). A glucose
uptake assay in X laevis oocytes was used to analyze the
functional properties of 18 GLUT1 variants and the NCBI
reference sequence (NM_006516). Of these 18 variants, 4
were population control ascertained; 9 were reported in
individually associated with mild phenotypes; and 5 with
GLUT1 encephalopathy (table 1).

The location of variants across the linear sequence of NP_006507 is shown in figure 1. This analysis shows a tendency
toward hotspots where population variants are under-
derrepresented. Although disease and benign variants cluster,
these clusters overlap and are not sufficient for diagnostic
purposes. The patient variants included in the current study
span the distribution of the ClinVar and HGMD data sets.
p.F104L) produced similar levels of glucose uptake as the
reference sequence glucose uptake curves for control variants
are shown in figure e-1 (links.lww.com/NXG/A129). Values for
the maximal uptake velocity Vmax and the KM constants are
measured using the radiolabelled nonphosphorylatable glu-
cose analogue 3-O-[(3H-Methyl)-d-glucose. Oocytes were
washed in 1x ND96 (96 mM NaCl, 2 mM KCl, 1 mM MgCl2,
5 mM HEPES, and 2.5 mM Na Pyruvate) 3 times, allowed to
rest for 15 minutes, then placed in 500 μL of 1x ND96 and
500 μL of uptake solution containing 200 mM NaCl, 2 mM
MgCl2, 4 mM KCl, 4 mM CaCl2, 10 mM N-2-
hydroxyethylpiperazine-N’-2-ethanesulfonic acid, pH 7.5,
and with 3-O-Methyl-d-glucose (1, 5, 10, 20, 40, 50, and
100 mM) and 16 μL of radiolabelled 3-O-[(3H-Methyl)-d-
glucose (2 μCi; Perkin Elmer Biosciences). Oocytes were
exposed to the uptake solution for 10 minutes. The solution
was then rapidly aspirated and replaced with 1 mL of ice cold
phosphate-buffered saline (150 mM NaCl, 10 mM sodium
phosphate; pH 7.4) containing 0.1 mM phloretin (Sigma,
Australia). Each group of 5 oocytes was solubilized in 250 μL
of 2.5% sodium dodecyl sulphate overnight on a rocking
platform. Ultima Gold scintillant (2.0 mL) (Perkin Elmer,
USA) was added and counts were measured for 2 minutes in
a liquid scintillation counter (TRI CARB 2900-TR, Perkin
Elmer). Raw counts per minute were converted to nanomoles
per minute (for a detailed account of the GLUT1 uptake assay,
please see reference 14), and values were plotted against 3-O-
Methyl-d-glucose concentration and data fit with the
Michaelis-Menten equation using GraphPad Prism (Graph Pad
software, La Jolla, CA). Calibration curves were constructed
using known volumes of radioactive tracer in the uptake solu-
tion in the range of 3-O-Methyl-d-glucose concentrations.

Water-injected oocytes were used to correct for nonspecific
counts.

Statistically significant differences between the Michaelis-
Menten curves were determined using GraphPad Prism’s
built-in implementation of Global nonlinear regression to
determine whether single or separate models are needed to fit
the 2 data sets under comparison; an extra sum-of-squares
F-test was used to make this comparison. One-way ANOVA
was used to compare Km and Vmax values between the un-
affected, mild, and severe groups, with two-tailed p values less
than 0.05 considered statistically significant.

Data availability
The authors agree to share any unpublished data related to
this article with properly qualified researchers in an anony-
mized fashion for the purposes of replicating procedures and
results.
sequence was used as a reference for comparison in subsequent experiments.

Comparisons of glucose uptake across the control, mild, and severe groups revealed a negative correlation between clinical phenotype severity and glucose uptake levels. A small reduction was observed in 8 of the 9 alleles associated with mild epilepsy (figure 2, A–H). Interestingly, one of the variants from the mild epilepsy group (p.E209D, figure 2, I) showed the opposite effect, with an increase in glucose flux, suggesting that the mutation is not pathogenic. All 5 alleles associated with classical GLUT1-DS: p.N34Y, p.M96V, p.E329Q, p.G130S, and

Figure 2 Effects on glucose transport of variants leading to mild GLUT1 disease

![Graphs showing glucose transport](image-url)
p.R126C showed a marked decrease in function (figure 3, A–E). Uptake velocities for all mild and all severe variants were averaged across each concentration to highlight the difference compared with the average control curve (figures 2J and 3F).

A subsequent check of our 14 patient-ascertained variants within an international reference cohort (gnomAD database) identified p.A342T and p.M96V each among 3 individuals. This reference cohort did not specifically ascertain for individuals with seizure or severe pediatric disorders. The p.A342T variant, from the mild group, was found among 3 of 56,004 individuals of non-Finnish European ancestry (MAF of 0.003%) and not among other genetic ancestry groups. The p.M96V variant, from the severe cohort, was found among 3 of 6,655 individuals of Finnish ancestry (MAF of 0.02%) and not observed among other genetic ancestry groups. Being a bottlenecked population, risk alleles can reach higher frequencies among Finnish people than would be seen in outbred populations. However, given the overall observation of high penetrance (albeit variable expressivity) among GLUT1-associated disease, the genetic evidence for causality of these 2 variants becomes less certain with additional cases required to better understand their overall role in GLUT1 disease.

To explore the diagnostic utility of a functional glucose uptake test for GLUT1 disorders, group-wise analysis of $V_{\text{max}}$ was undertaken (figure 4). Visual inspection of the box and whisker plot of $V_{\text{max}}$ showed a complete separation of ranges with only a minor overlap of the upper quartile of the mild group with the lower quartile of the control group (figure 4A). Because $V_{\text{max}}$ values were closely aligned with the uptake velocity at 100 mM glucose, the distributions of velocities at this single concentration were plotted (figure 4B). As with $V_{\text{max}}$ distributions, visual inspection revealed a complete separation, demonstrating that a single concentration point assay can, in most cases, discriminate the clinical groups as effectively as the full concentration range (figure 4B). In contrast, $K_m$ values were highly variable and we found that they had no discriminatory value (supplementary material, links.lww.com/NXG/A129).

**Discussion**

GLUT1 deficiency is viewed as a dosage sensitivity disorder, where reduction (hypomorphism) or complete loss (haploinsufficiency) of 1 allele leaves insufficient residual glucose transport. This study distils this concept further. The range of
We show that a simplification on disease severity in GLUT1 deficiency is possible through patient-ascertained variants, as well as allowing rapid spectrum of illness associated with GLUT1 deficiency. These families highlight the need for future studies determining other genetic and environmental influences. Based on this sampling of variants, we show clear separation in the distributions of \( V_{\text{max}} \) of variants in each group, providing a basis for a diagnostic test.

The potential diagnostic value of our approach is highlighted by the analysis of the p.E209D variant. Our GLUT1 uptake analysis revealed that p.E209D is unlikely to be pathogenic despite its absence in population variant databases of normal variation and affecting a highly conserved amino acid. We suggest that a combination of genetic evaluation and functional testing is required for improved diagnosis in GLUT1 deficiency.

Variable expressivity can be seen in GLUT1 disease, suggesting the contribution of additional factors. This is frequently observed in familial GLUT1 deficiency where a spectrum of clinical presentations from unaffected carriers through to mild epilepsy or dyskinesia with normal intellect to refractory epilepsy and intellectual disability are seen.3,11,12 Variants from such families were excluded from this analysis because it was not possible to assign them to a particular severity group. These families highlight the need for future studies determining other genetic and environmental influences on disease severity in GLUT1 deficiency.

We show that a simplification of the *Xenopus* oocyte assay can provide diagnostic value that is equivalent to complete determination of \( V_{\text{max}} \) and \( K_m \). Our data show that a single concentration of glucose approaching saturation (100 mM/L) is sufficient to distinguish between control, mild, and severe cases. The addition of this simple functional test to clinical and genetic findings has the potential to improve the classification of patient-ascertained variants, as well as allow rapid intervention when the functional data suggest risk of serious disease. The diagnosis of GLUT1 deficiency syndrome was initially based on the combination of seizure phenotype and hypoglycorrhachia.1 After the discovery of SLC2A1 mutations, molecular testing has become routine.12 In addition to sequence data, a well-validated clinical test of GLUT1 function is currently available—the red cell glucose uptake assay.12 This assay is, however, not available in many centers and requires fresh, metabolically functional red cells, which can be difficult to transport over distance. The *Xenopus* oocyte assay used here requires sequencing data but no other tissue, removing the difficulty of transport. Prenatal exome screening looking for de novo mutations in known disease genes is available and likely to become increasingly common.13 The assay used here is possible within the time frames needed to enable a genetic counselor to discuss findings with families after fetal genetic screening. Overall, a simplified *Xenopus* oocyte assay offers a complementary, sequence-based test for GLUT1 variants of unknown significance. The assay helps discriminate background from causal alleles and can further give information on anticipated severity of disease. We believe that this is an important step toward multidomain data and advanced pattern recognition analysis such as machine learning that could be used to integrate data from clinical, genetic, molecular, structural, and functional assays to make faster and more informed diagnosis.

**Author contributions**


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