

# Noncoding repeat expansions for ALS in Japan are associated with the *ATXN8OS* gene

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## Abstract

### Objective

To assess the contribution of noncoding repeat expansions in Japanese patients with amyotrophic lateral sclerosis (ALS).

### Methods

Sporadic ALS in Western countries is frequently associated with noncoding repeat expansions in the *C9ORF72* gene. Spinocerebellar ataxia type 8 (SCA8) is another noncoding repeat disease caused by expanded CTA/CTG repeats in the *ATXN8OS* gene. Although the involvement of upper and lower motor neurons in SCA8 has been reported, a positive association between SCA8 and ALS remains unestablished. Spinocerebellar ataxia type 36 is a recently identified disease caused by noncoding repeat expansions in the *NOP56* gene and is characterized by motor neuron involvement. We collected blood samples from 102 Japanese patients with sporadic ALS and analyzed the *ATXN8OS* gene by the PCR–Sanger sequencing method and the *C9ORF72* and *NOP56* genes by repeat-primed PCR assay.

### Results

Three patients with ALS (3%) had mutations in the *ATXN8OS* gene, whereas no patient had a mutation in the *C9ORF72* or *NOP56* gene. The mutation-positive patients were clinically characterized by neck weakness or bulbar-predominant symptoms. None of our patients had apparent cerebellar atrophy on MRI, but 2 had nonsymptomatic abnormalities in the white matter or putamen.

### Conclusions

Our finding reveals the importance of noncoding repeat expansions in Japanese patients with ALS and extends the clinical phenotype of SCA8. Three percent seems small but is still relatively large for Japan, considering that the most commonly mutated genes, including the *SOD1* and *SQSTM1* genes, only account for 2%–3% of sporadic patients each.

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## Glossary

**ALS** = amyotrophic lateral sclerosis; **DTR** = deep tendon reflex; **PEG** = percutaneous endoscopic gastrostomy; **SCA** = spinocerebellar ataxia.

Amyotrophic lateral sclerosis (ALS) mostly occurs sporadically. However, more than 10% of sporadic patients examined in Japan and in Western countries had mutations in various genes causative for familial ALS.<sup>1–3</sup> Noncoding six-base (GGGGCC) repeat expansions in the *C9ORF72* gene are causative for sporadic ALS and are frequent in Western countries (4%–21% of all sporadic ALS).<sup>2,3</sup> By contrast, only small numbers of sporadic patients in Japan had mutations in the *C9ORF72* gene (<0.5%).<sup>4</sup> Thus, the significance of noncoding repeat expansions in ALS has not been established in Japan.

Spinocerebellar ataxia type 8 (SCA8) is an autosomal dominant neurodegenerative disease, caused by noncoding CTA/CTG repeat expansions in the *ATXN8OS* (*ATAXIN 8 OPPOSITE STRAND*) gene.<sup>5,6</sup> The pathogenicity of the expanded allele has been proven using a transgenic mouse model.<sup>7</sup> Many patients had pure cerebellar ataxia, whereas some had parkinsonism.<sup>5,6,8</sup> Several studies have suggested the involvement of upper and lower motor neurons in SCA8, but a positive association between SCA8 and ALS remains unestablished.<sup>9,10</sup>

Spinocerebellar ataxia type 36 (SCA36) is a recently identified disease, caused by noncoding six-base (GGCCTG) repeat expansions in the *NOP56* gene.<sup>11</sup> Motor neuron involvement becomes apparent during the disease course.

Identification of repeat abnormalities by current exome or whole-genome analyses in ALS remains challenging, although efforts are underway.<sup>12</sup> In this report, we analyzed the *ATXN8OS*, *C9ORF72*, and *NOP56* genes in 102 Japanese patients with sporadic ALS and in 10 patients with mutations in various genes causative for ALS.

## Methods

### Genetic testing

All patients and controls were Japanese and were enrolled in this study from the Kinki region in Japan between 2005 and 2017. Blood samples were collected from 102 Japanese patients with sporadic ALS who had no mutations in the *SOD1*, *FUS*, *TARDBP*, *SQSTM1*, *VCP*, *OPTN*, *UBQLN2*, *ATXN1*, *ATXN2*, *SMN1*, or *AR* genes.<sup>2,11,13,14</sup> DNA was extracted with a DNA extraction kit (Qiagen Inc, Germantown, MD), and the region containing the CTA/CTG repeat of the *ATXN8OS* gene was amplified using PCR, as described previously.<sup>5,15</sup> The amplified products were purified with gel electrophoresis and subjected to Sanger sequencing. We analyzed the *C9ORF72* and *NOP56* genes by repeat-primed PCR assay, as described previously.<sup>3,11</sup> The normal number of

CTA/CTG repeats in the *ATXN8OS* gene ranges from 15 to 50, whereas repeats of length 80 or more are pathogenic. In several reports, expansions of more than 50 CTA/CTG repeats, including intermediate expansions, were stated to cause ataxia at some point in the life; however, there were no clinical details.<sup>16,17</sup> We also examined 10 patients who had either sporadic or familial ALS with mutations in the *SOD1* (n = 3, 1 man and 2 women), *TARDBP* (n = 1, 1 man), *FUS* (n = 1, 1 woman), *VCP* (n = 2, 1 man and 1 woman), or *SQSTM1* (n = 3, 1 man and 2 women) genes.<sup>1,13,14</sup> When mutations in the *ATXN8OS*, *C9ORF72*, or *NOP56* gene were detected, the *ERBB4* and *COQ2* genes and genes for *SCA3*, *SCA6*, *SCA7*, *SCA12*, *SCA17*, *SCA31*, and *DRPLA* were additionally examined.<sup>15,18</sup> The patients had a diagnosis of clinically definite, probable, or possible ALS, as defined in the revised El Escorial diagnostic criteria. Patients with sporadic ALS included 68 men and 34 women with an age of 65 ± 12 years (mean ± SD). The initial symptoms occurred in the limb muscles in 76 patients, in the bulbar muscles in 20, in the neck muscles in 3, in the respiratory muscles in 2, and in the facial muscles in 1. A control group consisting of 200 apparently healthy controls (116 men and 84 women; mean age ± SD, 71 ± 7 years) was also studied. We performed haplotype analyses in patients with *ATXN8OS* mutations using several microsatellite markers, including YI18, D13S1296, JJ9, JJ10, and JJ12 surrounding the CTA/CTG repeats with distances of 284, 57, 17, 20, and 52 kb, respectively.<sup>16</sup> DNA from relatives of patients with ALS was not available. We additionally examined 2 ataxic sisters with SCA8 (aged 36 and 39 years) to compare the haplotype data with those for ALS.

### Standard protocol approvals, registrations, and patient consents

This study was approved by our institutional review board. All patients provided written informed consent.

## Results

### Results of genetic testing of our patients

Genetic testing revealed that 3 patients with ALS had mutations in the *ATXN8OS* gene (figure 1), but none in the *C9ORF72* gene or in the *NOP56* gene. The clinical information of our 3 patients with ALS and 1 reported Korean patient with an ALS-like phenotype is summarized in table 1, and the detailed clinical history of our patients is described as follows. None of the controls had mutations in the *ATXN8OS*, *C9ORF72*, or *NOP56* genes. Controls had 26 ± 4 repeats (mean ± SD), ranging from 18 to 32, in the *ATXN8OS* gene. Double mutations in different genes were not found in our cohort. Patient 1 had 223 repeats

**Table 1** Patients with ALS or an ALS-like phenotype associated with *ATXN8OS* mutations

Patient	Patient 1	Patient 2	Patient 3	<i>J Clin Neurol</i> 2013;9:274
Sex	F	M	F	M
Age at examination (y)	56	68	76	65
Age at onset (y)	45	68	66	60
Age at PEG (y)	47	68	68	ND
Age at ventilator dependence (y)	48	68 (nasal)	71 (only night)	ND
Initial symptoms	Dysarthria	Neck weakness	Head drop	Dysarthria
Rapid progression of dysphagia	+	+	+	+
Rapid progression of respiratory failure	+	+	-	+
Dementia	-	-	-	ND
Ataxia	-	-	-	? (Unsteadiness)
Parkinsonism	-	-	-	ND
Family history	-	-	-	+ (ataxia)
<i>ATXN8OS</i> repeat no.	223	170	91	86
Repeat configuration	CTA11CTG212	CTA9CTG161	CTA19CTG3CTA1CTG68	ND
MRI abnormality	T2-high in the white matter	Not apparent	T2-high in the putaminal rim	Mild cerebellar atrophy
Note	—	Death at 68	—	Vertical nystagmus

Abbreviation: ND, not described; PEG = Percutaneous Endoscopic Gastrostomy.

(CTA<sub>11</sub>CTG<sub>212</sub>), and patient 2 had 170 repeats (CTA<sub>9</sub>CTG<sub>161</sub>). Patient 3 had 91 CTA/CTG repeats with an interruption (CTA<sub>19</sub>CTG<sub>3</sub>CTA<sub>1</sub>CTG<sub>68</sub>). Interruption by CTA in a sequence of CTG repeats has previously been reported, but its significance is unknown.<sup>17</sup> The haplotype analyses identified apparently different haplotypes in the patients with ALS, although their haplotypes were similar in part. By contrast, ataxic sisters with SCA8 had the same haplotype except for the numbers of CTG repeats in the *ATXN8OS* gene (table 2). These results suggested that the 3 patients with ALS seemed unrelated.

### Clinical and imaging information for the 3 patients with *ATXN8OS*-related ALS and 1 patient with an ALS-like phenotype

The results of MRI are summarized in figure 2, A-C. The detailed clinical histories of our patients are described below.

#### Patients 1

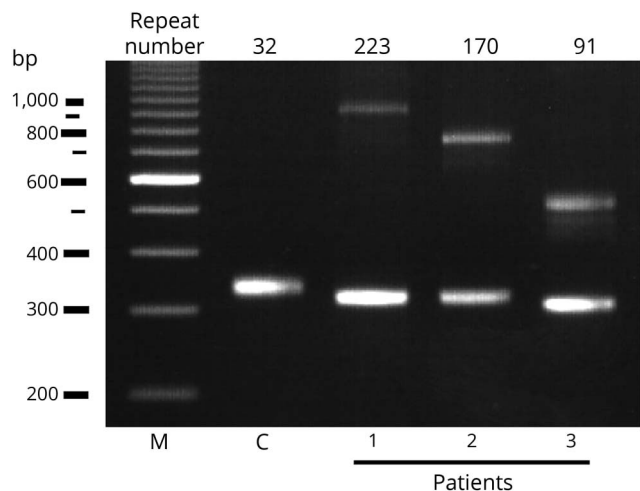
A 56-year-old woman, with 223 repeats, who had dysarthria since the age of 45 years visited a local hospital. She had no family history or previous history of neurologic disease. The symptoms progressed over 1 year. She visited the local

**Table 2** Result of haplotype analyses in patients with mutations in the *ATXN8OS* gene

	Distance from CTA/CTG repeat	Repeat motif	Pt1	Pt2	Pt3	Ataxia1	Ataxia2
Y118 (AY561223)	284 k	GATA	12/13	10/10	11/11	10/11	10/11
D13S1296 (Z51394)	57 k	CA	23/26	23/23	26/27	25/26	25/26
<i>ATXN8OS</i>	0	CTA	11/10	9/7	19/9	7/9	7/9
<i>ATXN8OS</i>	0	CTG	212/17	161/20	72/15	158/15	144/15
JJ9 (AY561232)	17 k	GT	12/12	13/13	12/13	12/13	12/13
JJ10 (AY561233)	20 k	CT	8/9	9/9	8/10	9/10	9/10
JJ12 (AY561234)	52 k	GT	14/17	17/17	14/18	16/17	16/17

Abbreviations: Ataxia1 and Ataxia2 = sisters with cerebellar ataxia; Pt 1-3 = patients with amyotrophic lateral sclerosis.

**Figure 1** Agarose gel electrophoretic analysis for the *ATX-N80S* gene in patients (Pt) 1–3



Three patients had expansions of the CTA/CTG repeat as indicated, whereas controls (C) had a normal repeat size. M, 100 base pair (bp) marker.

hospital again at the age of 46 years, with atrophy of the tongue, an increased jaw jerk reflex, increased deep tendon reflexes (DTRs) in all 4 limbs, and positive plantar responses. She was then referred to our hospital. A needle electromyogram revealed neurogenic changes, with polyphasic or high-amplitude neuromuscular units with long durations in the tongue, left deltoid, and left tibialis anterior muscles. During the following year, at the age of 47 years, dysarthria, dysphagia, and neck flexor weakness became severe, but mild weakness of the limbs was seen only in the left upper extremity. Fasciculation was observed in the tongue and all 4 limbs. She was unable to perform a spirometry because of weak lip seal. She underwent percutaneous endoscopic gastrostomy (PEG) at the age of 47 years. She then showed progressive respiratory failure and weakness and atrophy in all 4 limbs. She underwent tracheostomy with mechanical ventilation at the age of 48 years. Her eyeball movement was not limited and without nystagmus. At the age of 52 years, she was completely bedridden and moved only her fingers with very limited ranges, communicating with a computer-based tool. Cerebellar ataxia, parkinsonism, sensory disturbance, or autonomic failure was not apparent during the disease course. The clinical diagnosis, according to the El Escorial diagnostic criteria, fulfilled the criteria for definite ALS.

### Patient 2

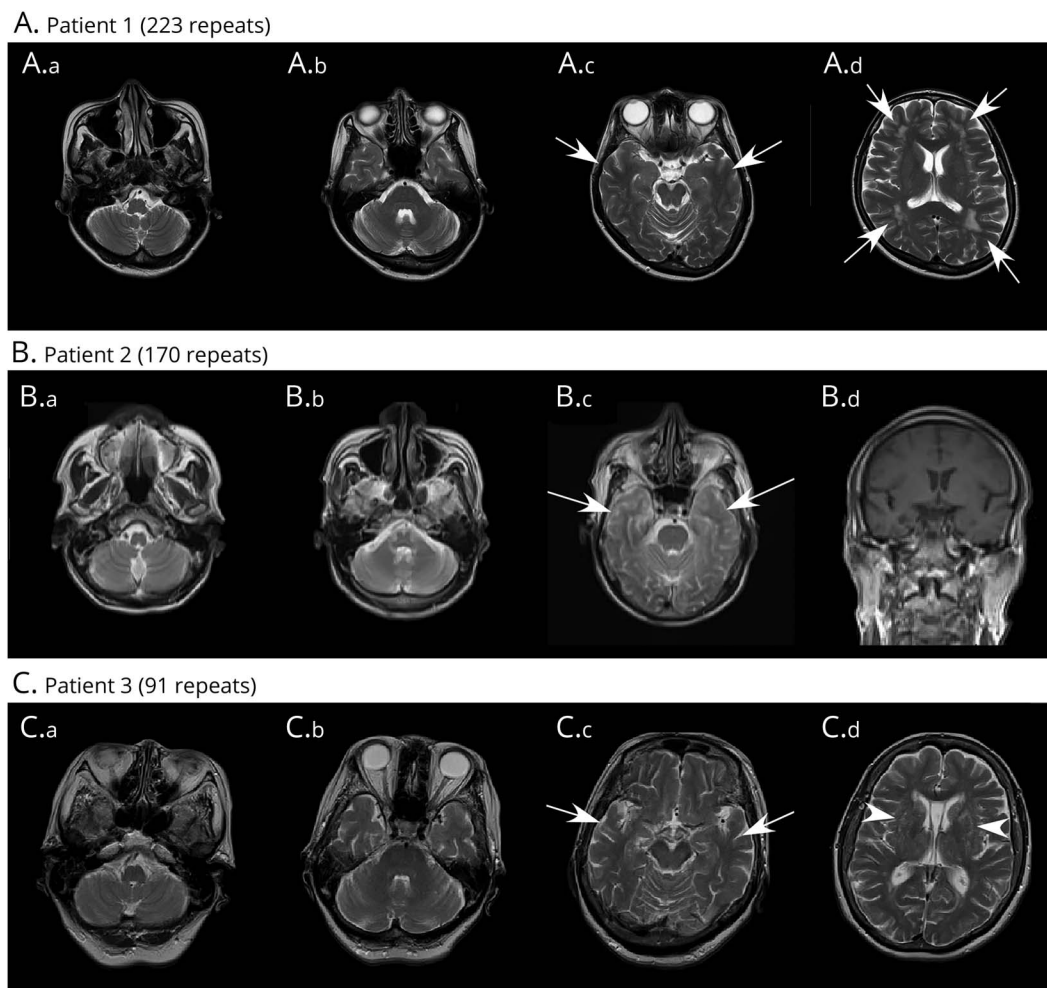
A 68-year-old man with 170 repeats noticed weakness of the neck. Two months later, he visited our hospital at the age of 68 years. He had no previous or family history of neurologic diseases. Weight loss (10 kg in 2 months) was reported. The first neurologic examination revealed very mild weakness of neck flexion and flexion of the bilateral proximal upper limbs. No nystagmus was noted. A spirogram revealed that % vital capacity was 81.9%. A needle electromyogram revealed

neurogenic changes in the cranial nerve territory and upper and lower limbs, with fibrillation in the right tibialis anterior muscle and fasciculation in the left trapezius and right deltoid muscle. One month later, dysphagia, dysarthria, and respiratory failure became apparent and progressed very rapidly. Two months later, atrophy of the face and limb muscles became apparent. DTRs were normal in the atrophied upper limbs, but increased in the lower limbs, with bilateral extensor planter response. The clinical diagnosis, according to the El Escorial diagnostic criteria, fulfilled the criteria for probable ALS. Videofluorography showed moderate involvement of oral and pharyngeal phases, with penetration into the larynx. The patient then received a nasal ventilator and underwent PEG about 4 months after onset. Although weakness in the 4 limbs remained mild (manual muscle testing 4/5), dysarthria and respiratory failure progressed with reduced vital capacity (49.1%). He refused tracheostomy and died of respiratory failure at age 68 years, about 5 months after onset. An autopsy was not performed.

### Patient 3

A 76-year-old woman with 91 repeats noticed head dropping when walking at the age of 66 years. Ten months later (at the age of 67 years), she experienced dysphagia and weight loss, dropping from 78 to 50 kg in half a year. She had a history of complete resection of breast cancer at age 67 years. She had no previous or family history of neurologic diseases. Neurologic examinations revealed severe dysphagia with aspiration, dysarthria, facial weakness, and severe tongue atrophy. No nystagmus was noted. Mild weakness was observed in the neck and the right upper limb. DTRs were normal in the bilateral upper limbs and in the right patella, with decreases in the left patella tendon and bilateral Achilles tendon reflexes. Bilateral extensor planter responses were positive. A needle electromyogram revealed neurogenic changes in all the examined muscles, including the right trapezius, biceps brachii, the first dorsal interosseous, rectus femoris, tibialis anterior, and tongue muscles. Fibrillation potentials were present in the tibialis anterior and the first dorsal interosseous. At the age of 68 years, she began to receive noninvasive positive pressure ventilation because of reduced vital capacity (66.2%) and underwent PEG for tube feeding. Cerebellar ataxia, parkinsonism, sensory disturbance, and autonomic failure were not apparent. MRI revealed no apparent cerebral atrophy, but with faint T2-hyperintense signals in the putaminal rim (not shown). Weakness of the upper limbs progressed slowly. She showed right vocal cord paralysis at the age of 69 years and then left paralysis at age 70 years, while the airway remained open. She had aspiration pneumonia and underwent tracheostomy at the age of 71 years, 5 years after onset, but she became independent of mechanical ventilation during the day after recovery from pneumonia. She used a ventilator only during the night for safety. The diagnostic criteria fulfilled the criteria for possible ALS, but with atypically slow progression. MRI at the age of 75 years is shown in figure 2C. She lived alone, dealt with tube feeding and nighttime ventilation by

**Figure 2** Imaging results for patients who had ALS with mutations in the *ATXN80S* gene



(A.a–A.d) Results of MRI (Philips 1.5T, TE/TR = 100/4200 for axial T2-weighted image) of patient 1 (Pt 1) at the age of 47 years (2 years after onset). Atrophy of the cerebellum (A.a), pons (A.b), hippocampus (A.c, arrows), or frontal lobes (A.d) is not obvious; however, ischemic changes (A.d, arrows) in the white matter can be observed. (B.a–B.d) Results of MRI (SIEMENS Symphony 1.5T, TE/TR = 83/3400 for axial T2-weighted image and TE/TR = 12/450 for coronal T1-weighted image) of patient 2 (Pt 2) at the age of 68 years (2 months after onset). Because this patient was not able to complete the MRI examination, the sequences, angles, and resolutions were limited. Atrophy of the cerebellum (B.a, B.b), pons (B.c), hippocampus (B.c, arrows), or frontal lobes (B.d) is not obvious. (C.a–C.d) Results of MRI (SIEMENS Symphony 1.5T, TE/TR = 89/4200 for axial T2-weighted image) of patient 3 (Pt 3) at the age of 75 years (9 years after onset). Atrophy of the cerebellum (C.a), pons (C.b), hippocampus (C.c, arrows), or frontal lobes (C.d) is not obvious; however, high intensities were observed in the putamen (arrowhead).

herself, and walked independently at the age of 76 years, more than 10 years after onset.

## Discussion

This study found that 3 sporadic patients who fulfilled the diagnosis of ALS had mutations in the *ATXN80S* gene. Haplotype analyses suggested that the patients seemed unrelated. By contrast, no patient had a mutation in the *C9ORF72* or *NOPS6* gene, which was consistent with the results of other studies conducted in Japan.<sup>11,19</sup> The *ATXN80S* gene has been viewed as causative for pure cerebellar ataxia and parkinsonian disorders, both of which do not always affect motor neurons as in ALS. However, a systematic review reported that about half of patients with SCA8 had hyperreflexia,<sup>20</sup> an upper motor neuron sign. The phenotype of the reported patient from Korea mimicked ALS with

involvement of both upper and lower motor neurons, although several atypical findings, such as mild atrophy of the cerebellum on MRI, vertical nystagmus, unsteady gait, and a family history of SCA8, precluded a diagnosis of ALS.<sup>9</sup> A more evident involvement of lower motor neurons in SCA8 was described in an autopsied patient with atypical SCA8 and subsequent motor neuron disease. Neuronal loss and gliosis were found in the cranial motor nucleus with basophilic inclusions immunoreactive for TDP43, a protein causative of familial ALS.<sup>10</sup> These findings suggest that SCA8 occasionally affects upper and lower motor neurons, a prerequisite for a diagnosis of ALS.

We found that the predominant clinical symptoms of patients with *ATXN80S*-related ALS were neck weakness and bulbar signs including dysarthria and dysphagia. Neck weakness was a rare initial symptom in our cohort (only 3/102) and in

a reported study (2%).<sup>21</sup> Of interest, neck weakness during the disease process was a sign closely associated with bulbar symptoms.<sup>21</sup> Bulbar-onset ALS, or ALS with bulbar sign within 1 year of onset, has been associated with poor prognosis.<sup>4</sup> As shown in table 1, 3 of the 4 patients indeed showed rapid progression. However, we found that 1 patient with a relatively small repeat size had severe and progressive bulbar symptoms at the beginning but remained ambulant and independent of mechanical ventilation during the day, more than 10 years after onset. Thus, clinical severity may vary and might be associated with repeat sizes, which should be confirmed by future studies.

Two of our patients had apparently nonsymptomatic MRI abnormalities: patient 1 had T2-hyperintense lesions in the cerebral white matter, and patient 3 had T2-hyperintense lesions in the putaminal rim. The white matter lesions observed in patient 1 at the age of 47 years were a finding relatively rare in individuals before the age of 50 years. However, a reported 22-year-old patient who had SCA8 with 102 CTA/CTG repeats had T2-hyperintense lesions in the periventricular white matter.<sup>22</sup> Of interest, white matter lesions have been reported in some patients with other noncoding repeat diseases such as *C9ORF72*-related ALS<sup>23</sup> and myotonic dystrophy type 1.<sup>24</sup> These might suggest the importance of noncoding repeat expansions in glial degeneration. The T2-hyperintense lesions in the putaminal rim in patient 3 (without parkinsonism) was a finding often seen in multiple system atrophy of parkinsonian type, but also found in some control individuals.<sup>25</sup> Such an MRI finding has not been described in SCA8. Although additional accumulation of patients will be needed to draw firm conclusions, the MRI abnormalities might be a clue to the associations of the *ATXN8OS* gene, as with nonsymptomatic atrophy in the hippocampus in *VCP*-related ALS.<sup>14,26</sup>

The observed finding that mutations in a single gene are associated with multiple phenotypes, including ALS and spinocerebellar ataxia, has been described in several other genes. In the *ATXN1* gene for spinocerebellar ataxia type 1 or the *ATXN2* gene for spinocerebellar ataxia type 2 (SCA2), intermediate triplet repeat expansions or sometimes full expansions encoding polyglutamine proteins have been found in patients with ALS.<sup>27–29</sup> In addition, 2 independent reports described that ataxia and ALS phenotypes were present within the same family with *ATXN2* mutations.<sup>29,30</sup> The molecular mechanisms underlying *ATXN1*-related or *ATXN2*-related disorders may include altered clearance of cytosolic misfolded proteins, a mechanism shared with that for general ALS.<sup>27,31</sup> Very recent studies demonstrated that suppression of *ATXN2* expression by antisense oligonucleotides improved motor functions in SCA2 animal models<sup>32</sup> and prolonged the lifespan of TDP43-related ALS models.<sup>33</sup> These findings support the idea that 2 different phenotypes may be at least partly related to a similar pathomechanism, which can be a therapeutic target.

Because noncoding repeat expansions may have some common pathomechanisms, including formation of RNA foci and repeat-associated non-ATG translation,<sup>34</sup> a therapeutic approach to *C9ORF72*-related ALS may also be applicable to *ATXN8OS*-related ALS. In *C9ORF72*-related ALS, suppression of abnormal transcription by antisense oligonucleotides is an ongoing clinical project.<sup>35</sup> A similar method was recently reported in SCA36.<sup>36</sup> In another study, suppression of toxicity in an abnormal *ATXN8OS* transcript by a certain protein in vivo exerted a therapeutic effect.<sup>37</sup> Although the *ATXN8OS* gene, reported to have bidirectional transcripts, may have a more complex pathomechanism,<sup>7</sup> suppression of at least 1 pathologic pathway might help slow the disease process.

In this study, we found that 3 patients with ALS had mutations in the *ATXN8OS* gene. The coincidental occurrence of SCA8 and ALS is possible because mutations in the aforementioned gene have been infrequently found in controls.<sup>5,6,38</sup> However, the repeat sizes found in patients with ALS, 91–223 repeats, were not found in the reported control alleles in Japan ( $n = 654$ ).<sup>38</sup> The relatively low prevalence of SCA8 (0.7/100,000) and ALS (5/100,000) in Japan suggests that their coincidental coexistence is unlikely to happen in the 3 presumably unrelated patients. Three percent seems small, but is still relatively large for Japan, because the most commonly mutated genes, including the *SOD1* and *SQSTM1* genes, each account for 2%–3% of sporadic patients.<sup>13,19</sup> Because *ATXN8OS* mutations were not found in general ALS in US,<sup>39</sup> analysis of certain subtypes, such as cervical or bulbar-onset types, might be needed. Our results may improve the understanding of the pathomechanism of ALS and extend the clinical phenotype of SCA8.

### Author contributions

M. Hirano and K. Saigoh contributed to acquisition of the data, analysis or interpretation of the data, and drafting or revising the manuscript for intellectual content. M. Samukawa and C. Isono contributed to design or conceptualization of the study, acquisition of the data, and analysis or interpretation of the data. Y. Nakamura and S. Kusunoki contributed to design or conceptualization of the study, analysis or interpretation of the data, and drafting or revising the manuscript for intellectual content.

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